

Truro Indoor Sevens Tournament, March 11 - 13 2011
Truro Rugby Club, P.O. Box 1366, Truro, Nova Scotia, B2N 5N2

Invitation

We are happy to announce plans for the 35th Annual Truro Indoor Sevens Tournament. The tournament will be held from March 11th to March 13th and will feature play in four divisions:

- MEN'S 'A' DIVISION - Teams, highly skilled, very competitive
- MEN'S 'B' DIVISION - Teams, less skilled, Competitive
- WOMEN'S 'A' DIVISION- Teams highly skilled, very competitive
- WOMEN'S 'B' DIVISION – Teams less skilled, but competitive

Each team may include a maximum of eleven players. The entry fee of \$350.00 per team, \$300 for any subsequent teams entered.

Teams must meet the following criteria in order to be accepted:

- All players must be registered with Rugby Canada and in good standing with their respected club, union, and/or governing body.
- All entries must be acceptable to Rugby Nova Scotia, Rugby Canada, and The Truro Rugby Club.

The Tournament will begin at 9:40am on Friday March 11th, 2011. All teams will play at least one game on Friday. Competition will continue throughout the day on Saturday and Sunday with the Finals and Award Ceremony on Sunday afternoon. The tournament format will once again be a single knock out with a consolation round. All teams will be guaranteed at least (2) games.

The deadline for Entries is February 25, 2011. The draw will then be made and the first round of the competition will be posted on our website: <http://sevens.trurorugbyclub.ca> in order to give everyone plenty of time to make travel arrangements. The tournament fills up quickly and teams will be accepted on a first come, first served basis. There will be no exceptions or excuses. To ensure even levels of skill in the “B” division, it will be regulated best as possible to ensure fair competition.

Food and beverages will be available for purchase at the tournament canteen and the tournament lounge. Players and spectators will not be allowed to bring alcoholic beverages into the building. Bags will be searched by professional security staff at all entrances, as required by our license and insurance policy. **There is a “Wet” and “Dry” section, please remember to tell your players to bring the appropriate identification in order to enter the “wet” side of the Centre.**

This unique tournament has proven to be an exciting and enjoyable event. It will again bring the Rugby Community together during the winter season. We look forward to another successful rugby weekend and hope that your team will join us.

CONTACT PERSON: BRUCE CASEY E-MAIL: truro7s@trurorugbyclub.ca

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ENTRY FORM

1. All players must be registered with Rugby Canada
2. Deadline for entries is **February 25, 2011**. Entries will be accepted on first come, first served basis as ***soon as your cheque clears our bank***. The number of teams entered per club may have to be limited.
3. Entry fee of \$350.00 per team, and \$300 for subsequent teams entered must accompany this form.
4. A "Team List" must be completed, signed and submitted with this page.

Name of Club: _____

Name of contact person: _____

Position or title of contact person: _____

Mailing Address:

Postal Code: _____

Telephone: _____ Fax: _____

Email Address: _____

Number of teams entered: Mens A _____ Mens B _____

Womens A _____ Womens B _____

Name of team(s) to be used in the program: _____

Governing Body (Union or University): _____

All Persons are covered under Rugby Canada Insurance?

Yes _____ No _____

Brief description of arrival plans and arrival time for scheduling purposes.

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Laws of the Game: Truro Indoor Sevens Tournament 2011

1. The "Laws of the Game" will prevail with the following modifications for indoor play.
2. A match will be played with not more than seven players on a team and not less than four players on a team. Team lists of no more than eleven players must be submitted prior to the first match. A player can be registered and can play for one team only.
3. Each match will last 14 minutes of playing time: two 7-minute halves. Each match will have a half-time break of no more than 1 minute.
4. A team not prepared to play at the scheduled time will forfeit that match.
5. A player must not kick the ball above the level of the lights in the building. Any such kick will result in the team being penalized at the spot from where the kick occurred.
6. On kick-off, the ball must be kicked from the centerline and travel at least five meters. (All kicks are to be place kicks) If the ball is kicked through the in-goal area, it will be brought back to center for a new kick-off or a scrum.
7. The lineout will be formed from 3 meters to 8 meters from the touchline. There will be no less than two players in a lineout and the ball cannot be thrown past the 8-meter mark or it results in a penalty.
8. The only method of scoring is the try for which one point will be awarded. After a try has been scored, the match will be restarted by the referee with a kick at center. A tie score at the end of a match will be broken in sudden-death overtime.
9. The try line will be played as the dead ball line when the ball is kicked, preventing players from diving into and through the try zone.
10. Final interpretation of these or any rules will be the responsibility of the referee and the tournament organizing committee.
11. Any player sent off during a match is out for the remainder of the tournament.

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